



[www.maternalinstincts.com](http://www.maternalinstincts.com)

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## A Letter from Consumers

Dear Doula/Childbirth Educator,

By taking this course you are taking the time and making the effort to expand your knowledge and skill level as a doula and childbirth educator to make sure your clients and students have solid self-advocacy skills for pregnancy, birth, and postpartum.

You are helping people like us:

- A first-time mom who feels powerless, confused, silenced and afraid
- A dad who does not know his own strength during his partner's labor
- A cesarean mom who does not know how she wants her next birth to go
- A high-risk mom wanting to avoid an unnecessary hospitalization
- A couple planning a VBAC

You are helping us to unlock a wisdom already within ourselves to make these decisions, and the power to stand behind them.

Thank you.

Thank you for giving us the tools we need to keep ourselves safe. Thank you for giving us the confidence we need to be decision making parents. Thank you for supporting us from the beginning of our pregnancy to the end of our labor.

Thank you for changing our lives. Thank you for helping us, Keeping Our Power.

*India Reese*

*Rhett: Buns  
English*

*Katie Brown*

*Katie Brown*